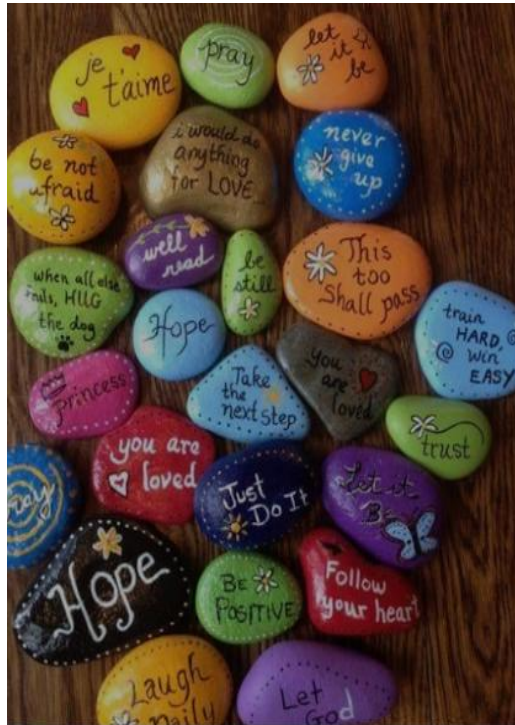


Motivational Monday

Activity 1

On a walk gather some suitable pebbles. Think about a positive message you would like to use. Then decorate your pebble. Maybe leave your pebble in your garden or in a grandparent's garden. Try a few, if you'd like.



Activity 2 'Friendship Hand'

Trace your hand. Think about all the characteristics that make you a 'good friend'. Write them into your handprint and decorate it! Think about is there anything you could improve on:)



Activity 3 'Kindness' Wordsearch

Kind Word Wordsearch

s	d	r	u	l	s	n	e	a	i	s	b	a	u	e	t
n	m	o	e	c	o	m	p	a	s	s	i	o	n	m	r
e	c	i	t	e	h	t	a	p	m	e	u	s	d	c	p
o	o	h	l	s	d	d	s	s	e	n	t	e	e	w	s
n	u	l	e	e	e	e	h	t	s	r	t	l	r	w	c
m	r	o	u	s	c	u	t	e	o	e	h	e	s	f	o
s	t	e	p	f	m	l	l	r	d	d	o	k	t	e	h
h	e	y	o	a	p	f	s	p	a	n	u	o	a	p	u
r	s	f	n	s	i	l	s	o	a	e	g	h	n	s	a
i	y	i	n	s	g	r	e	h	s	t	h	t	d	e	e
s	t	h	h	e	a	p	n	h	n	g	t	d	i	o	o
y	u	u	n	n	s	e	d	s	e	i	f	b	n	p	t
k	a	t	d	d	g	e	n	e	r	o	u	s	g	i	n
i	l	o	h	o	s	p	i	t	a	b	l	e	r	d	k
e	m	i	n	o	s	p	k	e	e	h	r	g	a	n	a
m	l	t	c	g	d	i	u	u	e	d	h	s	g	n	l

generous
smile
goodness
courtesy
gentle
unselfish

kindness
compassion
sweetness
humanity
kindhearted
hospitable

random
thoughtful
tenderness
understanding
helpful
empathetic

