

Body percussion

Strand : Listening and responding

Strand unit: Exploring sounds

Exploring sounds involves listening to and creating sounds from a wide variety of sources, Today we will explore creating sounds with the body

Identify a variety of ways of making sounds using body percussion on your own, in pairs and in small and large groups tapping, clapping, slapping, clicking creating more complex sequences involving slapping, clapping, clicking etc.and alternating left and right hands or feet

Activity Sound your Name Game

Children sit or stand in a circle. In turn , each child says their name and follows it with body percussion to match the syllables. For example: Sinéad – clap, rub arm, Jonathan – click, slap, stamp. All of the other children copy the name and the sounds. The activity continues until every child has had a turn. You could sound out the names of your family members too.

Also look at the file body percussion Rainstorm activity, and try it out.

<https://www.youtube.com/watch?v=N9LLMRC8UmM>

https://www.youtube.com/watch?v=r3eVvmswdOc&list=RDr3eVvmswdOc&start_radio=1